

The LINK

April 2014



Learning
Inclusion
Networking
X-celence

"Just so you know!" ...

Need some space? We have some! We rent out space for get togethers, meetings, smaller events, etc. Call us to find out about our very competitive rates!!

Charity Political Challenge Hockey Game! Thank you for everyone's support for this wonderful event!!

"Car" raffle! You MUST read further to discover details on our next raffle!!

Executive Director Report

With the Charity Political Challenge coming to a close, I would like to thank James Rajotte and the organizing committee, sponsors, donors, and players for a great job on this event.

Planning Committee

- James Rajotte
- Laurie Savill
- Jennie Tomlinson
- Susan Boyle
- Gert Reynar
- Nadine Leming
- Brian Smith
- Cindy Guy
- Cindy Carstairs
- Jim Jones
- Sharon Rahmoun
- Rick Brown
- Darlene Behiel
- Jennifer Garries
- Tracey Hartfelder
- Ed Boender
- Kim Dozois
- Cortnee Brunet
- Others that I may not have listed.

All Star team is made up of Federal Members of Parliament and family.

- James Rajotte
- Mike Lake
- Gord Brown
- Greg Rickford
- Blake Richards
- Patrick Brown
- Blaine Calkins
- Rick Dykstra
- Dean Del Mastro
- Brian Storseth
- Rob Clarke
- Colby Clarke.



Leduc Dream Team

- Sean O'Greysik (Alice Embroidery)
- Daryl Smith (Benefit Strategies Inc.)
- Clarence Shields (Blackwolf Run Holdings Ltd.)
- Rob Dyck (Dyck Insurance Services)
- George Rogers (MLA for Leduc-Beaumont)
- Jeff Forester (Jackie, Handerek & Forester)
- Clancy Jacobs (Jacobs Construction)
- Richard Rivard (Leduc Chrysler)
- Brian Bowles (Leduc County)
- Marty O'Bray (Little Guy Oilfield Rentals)
- Bob Williamson (Little Guy Oilfield Rentals)
- Scott McLean (McLean & McLean Homes)
- Carter Huebner (Meridian Packaging)
- Darrell Huber (MNP)
- Gary Trembly (Petroline)
- Bob Young (Servus Credit Union)
- Laura Tillack (True Touch Massage Therapy)
- Gerry Baird (Vantage Floor Coverings)
- Rick Brown (Waterloo Ford)
- Brian Smith (Western Engineered Containment)
- Ross Foulston (Wetaskiwin Vet Hospital).

Thanks to a generous grant from the City of Leduc, we are thrilled to have art classes with 4Cats art studio starting April 8th, and then a program with Stageworks. We will take the summer off, and finish off the year at 4Cats!

April 1st is LINX's 6th birthday!! Thank you to the many, many people who have helped LINX become the wonderful team it is!!

Finally, and as always, I would like to thank everyone for all of their support, and wish you a happy, healthy and safe Easter month!

~ Nicole

Executive Director Nicole Fuhsel

linxexec@linxconnect.ca,
emergency cell 587~989~5691

Residential Manager Ronni DeLeavey

linxres@linxconnect.ca
emergency cell 780~935~2772

Day Program Manager Colleen Hawkins

linxday@linxconnect.ca

Office Manager Laurie Savill

linxadmin@linxconnect.ca

Volunteer Coordinator Judy Tabler

linxvol@linxconnect.ca

Dates to remember:

Apr 1 – Happy 6th Birthday LINX!

Apr 15 – Board meeting

Apr 18-21 – Closed for Easter

Apr 22 – Timesheet/Invoices due

Jun 17 – AGM/Potluck

Jul 4 – "Camero" raffle!

Oct 9 – Bingo workers needed!

Nov 9 – Bingo workers needed!

Dec 30 – Bingo workers needed!



Board Members

Ed Boender – Chairperson

Cortnee Brunet – Vice-Chair

Kim Dozois – Treasurer

Jennie Tomlinson – Secretary

Bill Carr – Director/Fundraising Chair

Andrea Thompson – Director

Donald Loucks – Client Rep

Recycling Donation Challenge

(as of the end of March)



\$ 468.30



You can now safely donate to LINX online at www.leduclinxconnect.ca

#101, 4906 – 49th Avenue Leduc, Alberta T9E 6W6 780~980~9423

www.leduclinxconnect.ca www.facebook.com/LeducLINXConnectCentre Twitter - @LINXconnect

Board Chair Report

Hello, All. I trust this finds you thankful for the end of winter and amazed at the beginning of the new season, spring! While often, the day to day things at LINX seem to be fairly routine, there is always a lot going on and with great enthusiasm, I might add! My visits there have always left me with a feeling of deep appreciation for our dedicated staff and volunteers, as well as for the clients whom we serve.

I hope you don't mind if I bring to your attention an upcoming event that urgently needs your consideration (although truthfully, I hope you do more than "consider" this)! I would ask you to mark on your calendars our upcoming annual general meeting. We hope to plan it as a potluck meeting – we are looking forward to tasting your favorite recipe - maybe it's a tried, trusted and true dinner roll or perhaps is a "to die for" dessert! However, of great importance at this meeting, is the opportunity to elect new members to the LINX board. We cannot operate without a board and the board must be representative of our community, our passion, and our commitment to serve the clients of LINX. If you are considering a volunteer position on the Board, I would love to hear from you prior to the meeting. The date for this important (and tasty!) event June 17, 2014 – please mark it on your calendars! I look forward to seeing you there. In addition, PDD will be there making a presentation of how things are progressing with them. They will be available for questions as well.

~ Ed Boender, Board Chairperson

Day Program Report

Welcome April and all the wonderful activities we have planned. The big news for April 23rd is that we are going to the Royal Alberta Museum for a day of learning and investigating all it has to offer. There will be a nominal fee of \$5.00 for the bus and admission is free. We need everyone to bring disposable bag lunches no lunch kits and there will be no lunches bought to be fair to everyone.

There is an extra long weekend in April so we will be closed for two days of day program the 18th and the 21st. I wish everyone a happy Easter.

Welcome our newest staff member Kim to the LINX family I hope everyone will make her feel welcome and a part of our great team.

April 5th and 6th is first aid/cpr training. If anyone needs the refresher it is on the 5th from 1pm to 6pm the office \$85 if you need re-certification it the 5th and 6th at a cost of \$110.

Mandt training for those who weren't able to come in March see Ronni's entry for the dates.

Friday Lunch Snacks for April:

- April 4-Mixed Up Enchiladas
- April 11-Robynne's Sheppard Pie
- April 18-Closed for Good Friday
- April 25-Rodney's Super Chili

~Colleen

We are having a CASINO fundraiser in Camrose on July 8th and 9th, and need your help! The shifts are short, FREE meals, a great time, etc. Please contact Nicole or Laurie at 780-980-9423 for more details or to sign up. Thanks in advance!!



**Hearts
and
Heroes**

And the winner is... Hearts and Heroes!

Our intention was to run a "top five" list for people to vote on. However, this name was so strongly recommended by clients, families, staff, and other friends of LINX, that we felt that we had a clear winner.

Thank you to all those who suggested some amazing names for us to choose from, and thank you to Annis Mattiussi for giving us our name for our new fundraiser!!

Residential Program Report

It is so great to see April. April is a continuation of meeting the goals I set out in January: to get training for staff. April 4th we are learning all about Sensory with OT Jennifer from the COAST team. The 5th we are having a First Aid Recertification, the 17th we are learning about "It's OK" and Universal Language from Narda on the COAST team, April 14, 15, 16 the last MANDT System before I recertify with the new resources, April 24 we will be having Writing SMART Goals and Objectives at a SHP home (pot Luck). Wow another busy month! Everyone who needs to will be completing FOIP by the end of the month using online training.

An update on the search for homes: 2 people will be moving in April! A few more homes to go. Please post and pass the poster at the end of this newsletter! If you would like to change your life and someone else's too please contact me at 780-980-9423. If you know someone who would be a great Support Home Provider or Respite Provider please send them to see me or share my contact information.

I will be in attendance at the Job Fair being held at the Royal Canadian Legion in Leduc on the 29th come on by and say hello.

MANDT Moment

A big shout out and thank you to CCS Manufacturing for letting us use their board room, lunch room, and Hall way to get our March MANDT System training completed! Thank you so much!! We could not have gotten it done without you.

Inviting Cooperation:

- **Describe the problem in neutral terms.** Avoid nagging or complaining. "There is a wet towel on your bed."
- **Give information about the problem.** "The towel is getting your blanket wet."
- **Talk about your feelings.** "When I see your wet towel on your bed, I worry about you sleeping in a wet bed."
- **Say it with a word and/or a gesture.** Point and say "The towel."
- **Suggest alternatives.** "We'll go to the park as soon as the towel is hung up." "Why don't you hang up the towel while I start the car?"
- **Offer your assistance.** "How can I help?" "If you pick up the towel, I will get the laundry basket."
- **Ask the person to help you.** "Let's clean the bedroom now. Will you pick up the towel off the bed?"

~ Ronni

LINX Volunteer Program

National Volunteer Week is April 6 – 12, 2014.

National Volunteer Week was created to raise awareness of the vital contributions volunteers make to our communities and to honour those exceptional individuals. You can view volunteer opportunities and applications at www.leduclinxconnect.ca.

LINX volunteers will be attending the Volunteer Appreciation Banquet April 10, 2014. Thank you to the volunteers who contribute to the success of the programs and services offered at LINX. We happily nominated our own Marvin May for Leduc's honour of Citizen of Distinction. We appreciate all those who helped with the application (including contributions from Second Glance and the Leduc Bottle Depot), and know that he is the City's best nominee. Good luck Marvin, and we hope your name is called that night!

April 22 will be my last day with LINX. Thanks again for allowing me to volunteer at LINX. It has been meaningful and rewarding...I will miss being here and getting to know the staff and adults at LINX.

~ Judy Tabler

Volunteer and Resource Coordinator



Raffling
Two 12 volt
Electric Ride
On Camaros!!

We are raffling off one pink and one black 2 seater electric Camaros. Maximum weight is 130 lbs, Forward and Reverse, 2.5 MPH Engine, horn and realistic sound effects, Working FM radio and MP3 plug-in with working speakers, rechargeable battery pack included. Recommended age: 3 to 6 years old.

Tickets ONLY
\$10 and will be
Drawn July 4th!



Our "... of the month" club!

There are so many people who make our world a better place. So, we have decided they needed individual recognition. Please help us celebrate our Citizen of the Month, our Residential Provider of the month, our Staff of the Month, and our Employer of the month. If you see someone in any of these categories that you would like to see recognized, please let us know!

Citizen of the Month

Jessica Marshall! Jessica is client of the month for April 2014. Jessica is a good, independent, and determined worker. She has recently obtained a volunteer position at Zulu's Hair Salon. She is always willing to help others here at LINX. Jessica always comes daily with a smile on her face and brings happiness to the program. Keep up the good work Jessica!!!
~Written by the "Newsletter Class"

Employer of the Month

Nisku Petro-Canada! Gail has been a supportive boss to a new employee, they have met the training needs of our participant with patience and understanding of his needs. Thanks for all your support!!!

Staff of the Month

Robynne Schultz! Has become an instructor and taken on some challenging tasks and keeps on smiling. She has done an amazing job with the class she has taken! She is a team player always has her paperwork done and up to date. Keep up the good work!!!

Residential Staff of the Month (for the last time)...

Susan Boyle! A fond farewell to Susan Boyle who has been a SHP since the opening of LINX. I am sure we will find ways for her to sneak back in once in a while but she will be around in different ways and different amounts. I will miss having someone at my meetings to take minutes, type, and help me out in any way a person could possibly think of. She is one of the most organized people I know, diligently completes her documentation, you will be greatly missed! Have a great summer Susan!!!

Thank you!!!

John Cougar Mellencamp – *John Cougar Mellencamp (born October 7, 1951), is best known for being an American rock singer-songwriter. As a child in Seymour, IN, Mellencamp had suffered a number of setbacks, including being born with a neural tube defect known as spina bifida that necessitated a lengthy hospitalization as a baby. He formed his first band at the age of 14, and continues to play today. www.disabled-world.com*



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What is a Support Home Provider?

They are just regular people who would be interested in having someone with a developmental disability live with them. The level of independence varies client to client (some need regular supervision; some are fairly independent and transitioning into their own homes one day). **The money earned for a support home is tax exempt. You would also receive tax exempt room and board from the client.** We currently have multiple clients requiring a new support home provider. Most clients attend a day program from 9 to 4 Monday to Friday. Clients come with different amounts of respite available. Training is provided.

For more information about our amazing team, please contact:

Residential Manager Ronni DeLeavey

Phone: 780-980-9423. ext 225

Fax: 780-980-9429

Email: linxres@linxconnect.ca